

Sun Safety

Protect your skin while you enjoy some fun in the sun.



Remember, heavy exposure to the sun can damage every skin type. Protect yourself and your skin, and you'll enjoy many summers to come.

- Limit your time outdoors when the sun is most intense.
- Choose a broad-spectrum sunscreen that will protect you from UVA and UVB rays.
- Apply sunscreen generously and reapply regularly – don't forget your ears, feet and lips.
- Wearing a wide-brim hat, sunglasses and tighter weave clothing can also help protect you.