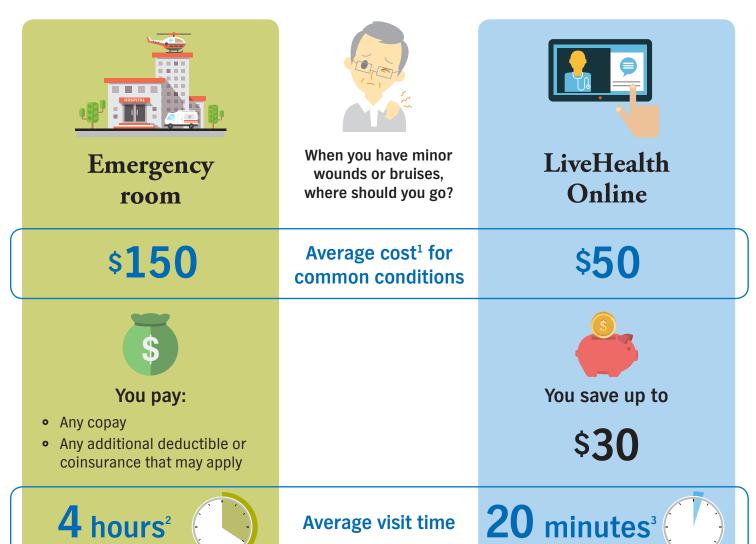
Always call 911 or go to the ER if you think you could put your health at serious risk by delaying care.

## Which is better for bumps, cuts and scrapes?

**Emergency room (ER) vs LiveHealth Online** 



## Need to find care nearby?



Online: Go to anthem.com and choose Find a doctor. Follow the steps to search for a doctor or health care provider in your plan.



By phone: Call the Member Services number on your ID card for help finding providers in your plan.

You save

3.5 hours



Enough time to go to the gym, take your dog to the park, and watch your favorite TV show

LiveHealth Online is the trade name of Health Management Corporation, a separate company providing telehealth services on behalf of Anthem Blue Cross and Blue Shield.

Anthem Blue Cross and Blue Shield is the trade name of: In Colorado: Rocky Mountain Hospital and Medical Service, Inc. HMO products underwritten by HMO Colorado, Inc. In Connecticut: Anthem Health Plans, Inc. In Georgia: Anthem Blue Cross and Blue Shield is the trade name of Blue Cross and Blue Shield of Georgia, Inc. In Indiana: Anthem Insurance Companies, Inc. In Kentucky: Anthem Health Plans of Kentucky; Inc. In Maine: Anthem Health Plans of Maine, Inc. In Missouri (excluding 30 counties in the Kansas City area): RightCHOICE® Managed Care, Inc. (RIT), Healthy Alliance® Life Insurance Company (HALIC), and HIMO Missouri, Inc. RIT and certain affiliates administer somewhat in the Shield in Windows and the Colorado, Inc., the Month of Market Indiana of Medical Service, Inc. HMO products underwritten by HMO Colorado, Inc., that HMO heved Line New Hampshire, Inc.; HMO plans are administered by Anthem Health Plans of New Hampshire, Inc., the HMO plans are administered by Anthem Health Plans of New Hampshire, Inc. and Underwritten by HMO Colorado, Inc., that HMO Lord Plans are administered by Anthem Health Plans of New Hampshire, Inc., the HMO products underwrite the p policies. Independent licensees of the Blue Cross and Blue Shield Association. ANTHEM is a registered trademark of Anthem Insurance Companies, Inc. The Blue Cross and Blue Shield names and symbols are registered marks of the Blue Cross and Blue Shield Association.

<sup>1</sup> Refers to average health plan copays, not the cost for the condition listed. For many members, deductibles and coinsurance may apply

<sup>2</sup> American College of Emergency Physicians website: ER Wait Times, Crowding & Access Fact Sheet (accessed December 2015): newsroom.acep.org/index.php?s=20301&item=29937. 3 Total includes 10 minutes of wait time. LiveHealth Online website: How It Works (accessed August 2016): livehealthonline.com.